

# Thursley Climate and Sustainability Action

## Eco-friendly Living – it's Eco-logical



**This is the second** article about **Energy Reduction** options (see last month for the first one). Remember, we will need to **reduce our energy consumption** as well as shift to low carbon sources to meet the “net-zero” target for 2050.

**Last month** we looked at reducing the energy used to heat/cool the home. This month we'll be looking at easy ways to reduce energy consumption for other uses in the home.

**The easiest way** to save energy is simply to become *energy aware*. You'll quickly realise where improvements can be made. It's all common sense, but you'll see that it only takes a little effort to change bad habits and make a difference.

**Did you know** that you could save up to £30/year by switching **OFF** appliances (like TVs or computers) instead of leaving them on standby? You could also save another £35/year by switching to **LED** light bulbs instead of halogen or standard bulbs (we shouldn't be using any incandescent bulbs anymore, and even halogen bulbs were phased out in 2018, but it's surprising how many I found I was still using when I took a look while writing this article – all changed now!). Turning off your lights when you leave the room can also save up to £14/year.

**Another easy way to save energy** is to make sure you use it wisely – only fill the kettle with the amount of water you need;

only use full loads in the washing machine or the dishwasher; if possible, use low temperature wash programs; use a microwave or slow-cooker to cook meals (try not to use the oven!); try to avoid opening the fridge or freezer too much – or leaving the doors open for too long; if it's a warm, dry day, hang your washing on the line to dry; take short showers rather than a bath (or share a bath 😊).

**Finally, if you are thinking of changing appliances**, look at the energy efficiency data for the appliance and buy the best you can afford. Look at the Sust-it or the Energy Savings Trust websites (details below) which have a lot of information about different appliances and how they compare. They also have more details on energy saving ideas presented in this article.

**Remember, saving money** also means you are **saving greenhouse gas emissions**, and contributing to our overall reduction target. If you save £100, that's equivalent to 10 greenhouse gas-free days a year. If you want more information about any of these ideas or help, please contact [jdswift.thursleyipc@btinternet.com](mailto:jdswift.thursleyipc@btinternet.com).

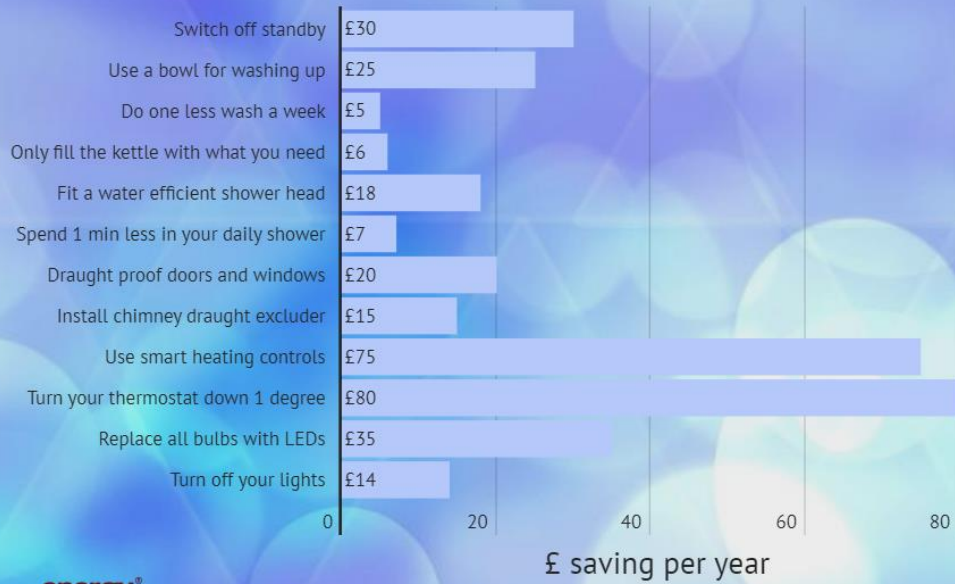
<https://www.sust-it.net/>

<https://energysavingtrust.org.uk/>



# How much could you save?

Add up the potential £££ savings available for each energy saving action.



**energy**  
saving  
trust

● Potential saving in £ per person